

COMPETITION CHECK-LIST 2024:

- Event Schedule**
- Costumes + Props** - in garment bag, in order of use, and steamed
- Tights** - Any applicable tights: black, flesh-toned, pink, fishnet
- Undergarments** - nude and seamless camisoles or underwear and bras, strapless if needed, no plastic straps
- Socks** - knee high black or coloured socks (specific to your dance), sockets if needed for hiding in jazz or tap shoes
- Shoes** - ballet slippers, jazz, tap, pointe shoes (bring the shoes you need and wear comfy supportive runners or warm-up booties for off-stage)
- Accessories**
 - RAA 1:
 - Ballet - white flower hair clip
 - Tap - red handkerchief
 - Jazz - pink headband, black gloves, black scarf
 - RAA 2:
 - Ballet - blue flower hair clip
 - Tap - Isabel only - 2 coins
 - Jazz - boot covers
 - Production - sewed on bowtie
 - RAA 3+4:
 - Ballet - hair clip
 - Production - sewed on bowtie
 - RAA 4 Dance:
 - Ballet - hair clip
 - Solos / Duets / Trios:
 - Avery: white flowers
 - Avery/Maeve: 2 hair clips
 - Beaux: green cape
 - Kate/Olivia: hair clip
 - Maeve: glasses, suspenders, scrunchie
 - Evie: hair clip
 - Elisabeth: rhinestone earrings
 - Zeta: pink laces, hoop earrings, belt chain
 - Lydia/Ava/Eda: audition numbers + headshots
- Hair Supplies:**
 - Combs and brushes
 - Hairspray and Gel
 - Elastics (hair colour or black)
 - Bun pins
 - Bobby pins
 - Hair pieces
 - Hairnets

- Makeup** (for touch ups):
 - Foundation and Powder
 - Mascara
 - Eye shadow
 - Liners (lip and eye)
 - Blush
 - False lashes (RAA 3+4)
 - Makeup remover
 - Wipes
 - Q-tips
 - Optional setting spray
- Layers** - Mandatory TRAC Company Jacket + Joggers
- Fuel** - refillable water bottle, electrolytes, lots of nourishing snacks, breakfast, lunch or dinner depending on call time→ we recommend easy to eat snacks like pre-cut veggies, apples, bananas, power bars, etc (NO NUTS)
- Hygiene** - deodorant, menstruation products, body wipes, hand sanitizer
- Complementary/Safety Items** - bandaids, body tape, nail clippers, nail polish remover, safety pins and mini or portable sewing kit, therabands, injury braces/tape/muscle rub, lotion / hand cream, glue gun
- Warm Up Music + Routine** - personal stretching, mat work, cardio conditioning, ballet barre, partner work, timing exercises, practice, improv, have fun!